
VITAL TIMES®

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GET YOU A GIRL WHO CAN DO BOTH

Our girls are pasture-raised, and they have barns

As the morning sun stretches over the horizon, our 600+ farms ease into their day. Tucked safely inside the barns, our pasture-raised hens are already up and at it, softly cooing and clucking, readying themselves for a day of foraging. Some hop into their nesting boxes to lay their daily egg, while others stretch their wings and linger by the doors ('cause they know the fun's about to start).

Soon enough, within a few hours, the barn doors swing wide and the flocks head outside. Much like kids at recess, the early birds burst out of the barn and

bolt for the grass, and the laid-back girls enjoy a slow morning, moseying out at their own pace.

Now, what if our girls didn't have a barn? There would be no cozy nesting boxes to lay their eggs. No shade when the afternoon sun climbs high. No cool water break or place to regroup after a long morning of scratching for bugs and grasses. And come sunset, there would be no safe spot to roost when predators start their evening rounds.

The barn isn't just a building — it's a home base. A spacious place flooded with natural light, where eggs are laid in peace, sleep comes easy, and the temperature stays just right.

So while our girls have access to roam the pasture year-round, the barn is always there when they need it — a safe place to rest, recharge, and ready themselves to do it all again tomorrow.



YOUR SUMMER HENESCOPE

Aries After a storm, look up. Don't miss the rainbows.

Taurus Get out of your head! Enjoy another lap around the pasture.

Gemini Don't stay out on the pasture too late. You could use the rest.

Cancer You're in the mood to create. Lean in, even if it's chicken scratch.

Leo Flap your wings like you mean it. Confidence is contagious.

Virgo Take a few minutes for yourself. Your flock will thank you.

Libra Share your eggs, but protect your peace.

Scorpio You're walking on eggshells. It's time to find a new path.

Sagittarius You're the maker of your own nest. Do you what you want.

Capricorn Don't just scratch the surface. Dig a little deeper.

Aquarius Shed the feathers that aren't serving you. Give new ones room to grow.

Pisces Call up an old friend. You've got a lot to squawk about.

BIRD OF THE MONTH



Brilliant Bailee relaxes in the evening glow after a full day of leading the flock's adventures.

OUR MISSION is to bring ethically produced food to the table. Our network of small farms operates with a clear set of agricultural practices, which at its heart accentuates the humane treatment of farm animals. 🌿🌱🌾🍄🌻

Do you love cooking with our pasture-raised eggs? Show off your Vital Farms® creation on social and tag us!

   @VitalFarms

