
Vital Times

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From All-Nighters to House Calls

Supporting Our Farmers Is a Full-Time Privilege.

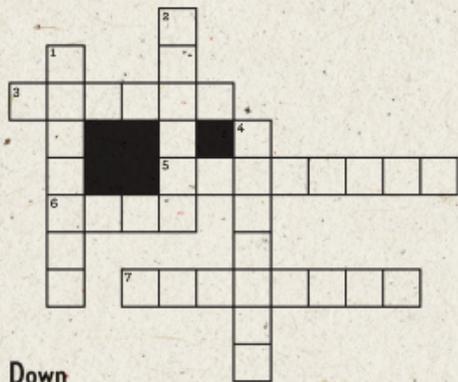
Inside Vital Farms is a crew of folks whose only job is to help farmers raise happy hens and grow healthy farms. The relationship starts with an all-nighter – crew member and farmer staying through the wee hours to make sure the girls feel safe and are happily settled in their new barn. From there, over meals and house calls, conversations and walks through the pastures, both friendships and family businesses thrive.



Our farmers appreciate having someone they can always call for advice or hands-on help, and our crew is happy to deliver – in person. They are available day and night, weekdays and weekends. It's not unusual for a crew member to drive hours to sit down at the table with a family and drop in to see the girls.

It can be tough work, but so is farming. So what does our crew get out of it? They love helping farmers make a living on their land. They enjoy sharing their experience to help them be even more successful. And at the end of a good day (there are lots of good days out here), they feel what our farmers do: Joy. Satisfaction. And great pride in doing an important job well.

An Eggstra Delicious Crossword!

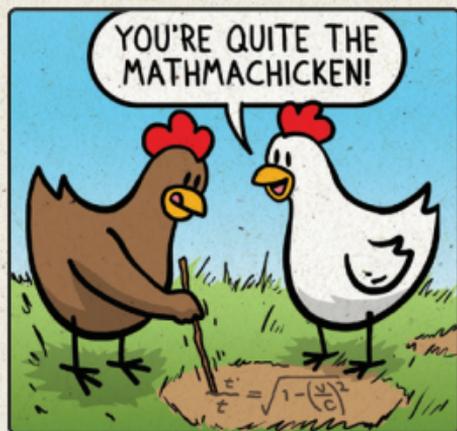


Down

1. Eggs cracked into and boiled in water
2. □□□□□□ Rancheros
4. Eggs halved and filled

Across

3. Eggs two ways: Soft- or hard-□□□□□□
5. Cooking eggs with one quick flip
6. Where all this deliciousness comes from!
7. In France, eggs beaten, filled and folded



Bird of the Month



Little Laura cozies up in a soft bed of grass for a well-deserved siesta.

OUR MISSION is to bring ethically produced food to the table by coordinating a collection of family farms to operate with a well-defined set of agricultural practices that accentuates the humane treatment of farm animals as the central tenet. _____

Do you love cooking with our pasture-raised eggs? Show off your Vital Farms creation on social and tag us!



@VitalFarms