
Vital Times

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Get to Know the Girls on Grass

Your Top 4 Questions: You Ask, We Answer!

We love hearing from our Vital Farms family! From email to snail-mail, your notes, stories and questions make our day. So we thought we'd make yours with FAQ answers!

1. WHERE ARE YOUR FARMS?

Our family farms are in the pasture belt – that not-too-hot, not-too-cold region of the United States where hens can enjoy the great outdoors all year-round. More specifically, you can find our flocks in a swooping swath of states from Kansas to the Carolinas.

2. WHAT DO THE GIRLS EAT?

Anything they like! Outside, the ladies chow on seasonal clover, rye and wild onion, crunchies like grasshoppers and chewies like worms. They also eat supplemental feed developed by an

animal nutritionist to fuel their healthy, active lifestyles.

3. WHERE DO THE HENS LAY THEIR EGGS?

The hens have protected nesting boxes in the barns. They typically lay in the morning and then head out into the sunshine, a little bit lighter and ready for foraging!

4. WHAT'S A DOUBLE YOLK?

Lucky! Double yolks come from young hens who are just beginning to learn to lay.

Have a question for us? Reach out on social or at VitalFarms.com!



Two Fine Feathered Friends

Bella and Stella's friendship began in the shade of a sprawling oak tree on a sunny spring afternoon. As Bella diligently searched for snacks, Stella sang show tunes and cracked jokes. First confused, then amused, Bella joined in. She clucked a few choruses, discovered her inner comedi-hen and joined Stella, the farmyard fashionista, in some fabulous fun.

Stella loves Bella's brains. Bella loves Stella's silliness. And sun-up to sun-down, pasture paths to dust baths, our comic strip heroines remain inseparable, eggceptional nest-y besties.



Throwback Bella & Stella cartoon • Issue 7.3 (2015)

Bird of the Month



Adaptable April stretches onto her tip toes to get a clear view of the big sky through the trees.

OUR MISSION is to bring ethically produced food to the table by coordinating a collection of family farms to operate with a well-defined set of agricultural practices that accentuates the humane treatment of farm animals as the central tenet.

Do you love cooking with our pasture-raised eggs? Show off your Vital Farms creation on social and tag us!

   @VitalFarms