

Hens Cannot Lay on Leaves Alone *The Importance of a Healthy, Balanced Diet*

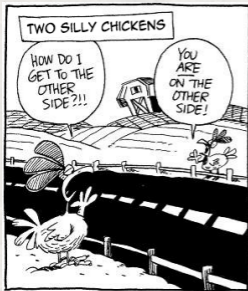
While our girls are outside eating salad and croutons all day (that's grass and critters to you and I), that's not always enough to keep them laying these beautiful eggs. So while a lot of the goodness that these eggs are packed with (the vitamins, the beta carotene, and more) comes from what they find out on the pasture, there are some vital additional nutrients that we need to provide for them as well.



*Taking shade in the orange grove
on our newest SoCal farm*

You see, although chickens are, by nature, omnivorous and have a voracious appetite (which means they'll eat just about anything, and plenty of it!), the sort of domesticated breeds that we raise on our farms today have been bred to thrive on a different diet than their wild ancestors, and even from the sort of hens that you would have found on most country farms a century ago. Yard pickings alone are no longer enough, and modern breeds need modern feeds.

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Because of this, we provide a supplemental feed that has been carefully mixed to provide the balance of carbohydrates (for energy) and the protein and amino acids that our girls absolutely need to keep laying. Without this they simply would not be able to lay as often as they do. We make it available to them all year round, but when the eating is good on the pastures, they may hardly touch it! Only the best is good enough for our girls, and this supplemental feed ensures that they stay happy, healthy and well fed!

You can find out more about this story, and more, by visiting our blog at the newly updated VitalFarms.com. Always fresh!

Or scan this QR code to go straight to the article on your phone!



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Bird of the Month



Sunny is one of our lovely Texas girls and loves fresh grass!

Egg-spress Yourself!

We Love Hearing from You One look at the yolk and it reminded me of eggs we collected once as kids at a farm. The taste was just wonderful...this is the way eggs should always taste and they are worth every penny.

Enri, Woodland Hills, CA

All farm animals should be treated with care, respect & loving kindness. By buying our eggs, you're helping make the world a better place. Thank you from all of us at Vital Farms!

