

# Nutrition Facts

About 9 servings per container

**Serving Size: 3 Tbsp (47g)**

Amount Per Serving

**Calories 70**

	% Daily Value*
<b>Total Fat</b> 4.5g	<b>7%</b>
Saturated Fat 1.5g	<b>8%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 175mg	<b>58%</b>
<b>Sodium</b> 60mg	<b>3%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 6g	<b>12%</b>
<b>Vitamin D</b> 1.2mcg	<b>6%</b>
<b>Calcium</b> 30mg	<b>2%</b>
<b>Iron</b> 0.8mg	<b>4%</b>
<b>Potassium</b> 65mg	<b>2%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4