

Nutrition Facts

12 servings per container

Serving size

1 egg (50g)

Calories
per serving

70

Amount/serving **% Daily Value***

Total Fat 5g **6%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 185mg **62%**

Sodium 70mg **3%**

Vitamin D 1mcg 6% • Calcium 28mg 2% • Iron 1mg 6%

Potassium 69mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Amount/serving **% Daily Value***

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 6g **12%**