

Nutrition Facts

6 servings per container

Serving size

1 egg (63g)

Calories
per serving

90

Amount/serving **% Daily Value***

Total Fat 6g **9%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 235mg **78%**

Sodium 90mg **4%**

Vitamin D 1mcg 6% • Calcium 35mg %

Potassium 85mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Amount/serving **% Daily Value***

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 8g **16%**

• Iron 1mg 6%