

# Nutrition Facts

18 servings per container

**Serving size**

**1 egg (44g)**

**Calories**  
per serving

**60**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 4g	<b>5%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Saturated Fat 1.5g	<b>8%</b>	Dietary Fiber 0g	<b>0%</b>
<i>Trans Fat</i> 0g		Total Sugars 0g	
<b>Cholesterol</b> 165mg	<b>55%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 60mg	<b>3%</b>	<b>Protein</b> 6g	<b>12%</b>
Vitamin D 1mcg 6% • Calcium 25mg 2% • Iron 1mg 6%			
Potassium 61mg 2%			

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4