

# Nutrition Facts

12 servings per container

**Serving size**

**1 egg (63g)**

**Calories**  
per serving

**90**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 6g	<b>8%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Saturated Fat 2g	<b>10%</b>	Dietary Fiber 0g	<b>0%</b>
<i>Trans Fat</i> 0g		Total Sugars 0g	
<b>Cholesterol</b> 235mg	<b>78%</b>	Includes 0g Added Sugars	<b>0%</b>
<b>Sodium</b> 90mg	<b>4%</b>	<b>Protein</b> 8g	<b>16%</b>
Vitamin D 1mcg 6% • Calcium 35mg 2% • Iron 1mg 6% Potassium 87mg 2%			

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4